



## **ENDOCRINOLOGY FOR PRIMARY CARE**

**New York, NY - New York Marriott Marquis  
December 19 - 21, 2025**

**Friday, December 19, 2025**

**7:00 am**

**Check-In**

**7:30 am - 8:30 am - Endocrinology - 1**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**8:30 am - 9:30 am - Endocrinology - 1**

**Insulin Therapy for Diabetes**

Treating T2DM with insulin; T1DM

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Endocrinology - 1**

**Lipid Metabolism and Treatment**

Review of the most recent American Heart Association Dietary and Lipid Guidelines; Discussion of the most recent ADA guidelines for lipid management for both primary and secondary CV prevention; Detail of treatments for elevated triglycerides and the lack of cardiovascular benefit from fish oil

**10:40 am - 11:40 am - Endocrinology - 2**

**Disorders of Calcium Metabolism**

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

**11:40 am - 12:40 pm - Endocrinology - 2**

**Osteoporosis**

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

**12:40 pm**

**Session Adjourns**

**Saturday, December 20, 2025**

**7:00 am**

**Arrival**

**7:30 am - 8:30 am - Endocrinology - 2**

**Metabolic Bone Disease**

Disorders of bone strength caused by abnormalities of minerals, vitamin D, bone mass and structure; The role of calcium and phosphorus; Osteomalacia, Paget's disease and parathyroid disorders

**8:30 am - 9:30 am - Endocrinology - 2**

**Endocrinology Cases: Calcium Disorders**

Challenging case presentations in calcium disorders

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Endocrinology - 1**

**Obesity Management**

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

**10:40 am - 11:40 am - Endocrinology - 3**

**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment options of hypothyroidism and hyperthyroidism

**11:40 am - 12:40 pm - Endocrinology - 3**

**Endocrinology Cases: Thyroid Function**

Challenging case presentations in thyroid dysfunction

**12:40 pm**

**Session Adjourns**



**Sunday, December 21, 2025**

**7:00 am**

**Arrival**

**7:30 am - 8:30 am - Endocrinology - 3**

**Thyroid Nodules and Cancer**

Diagnosis and treatment

**8:30 am - 9:30 am - Endocrinology - 3**

**Endocrinology Cases: Thyroid Nodules**

Challenging case presentations in thyroid nodules

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- Discuss current diagnostic criteria and treatment approaches to disorders of calcium metabolism
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Utilize case-based learning to develop treatment plans for calcium disorders
- Identify the risks of abnormal thyroid function
- Utilize case-based learning to develop treatment plans for thyroid disorders
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Utilize case-based learning to develop treatment plans for patients with thyroid nodules

### **Disclosure of Relevant Financial Relationships**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Associates Credit Designation**

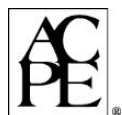
#### **American Academy of Physician Associates (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-25-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.