



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**GERIATRIC MEDICINE FOR PRIMARY CARE:
GERIATRICS/OPHTHALMOLOGY/
RHEUMATOLOGY**

**New Orleans, LA - JW Marriott New Orleans
April 24 - 26, 2026**

Friday, April 24, 2026

7:00 am

Check-In

7:30 am - 8:30 am - Geriatrics

Common Musculoskeletal Problems in the Elderly

Discuss strategies to minimize musculoskeletal problems in the elderly patient population.

8:30 am - 9:30 am - Geriatrics

Update in Pharmacology for Arthritis in the Older Adult

Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; analgesics (narcotics and tramadol) and acetaminophen

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Geriatrics

Pain Management in the Older Adult

Assessment and management of pain in the older adult

10:40 am - 11:40 am - Rheumatology

Osteoarthritis

Pathogenesis, diagnosis and treatment

11:40 am - 12:40 pm - Rheumatology

Differential Diagnosis of Inflammatory Arthritis

Clinical presentation and laboratory work-up and treatment for rheumatoid arthritis, systemic lupus erythematosus, spondyloarthropathies (SPA), infectious arthritis and systemic sclerosis; Treatment of RA with DMARDs; Treatment principles of SLE, Sjogren's, SPA and PMR

12:40 pm

Session Adjourns

Saturday, April 25, 2026

7:00 am

Arrival

7:30 am - 8:30 am - Rheumatology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

8:30 am - 9:30 am - Rheumatology

Crystal Disease: Gout & Pseudogout

Properly diagnosing and treating crystal diseases such as gout and pseudogout

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Geriatrics

Geriatric Gait Disorders & Falls

Diagnosing problems associated with gait abnormalities; considering causes and prevention of falls; exercise training, aerobics, balance training, resistance

10:40 am - 11:40 am - Ophthalmology

Approach to the Aging Eye

Differentiation between “normal” aging process and the “diseases” of ocular aging; Highlighting of the most common issues facing the aging population with respect to ophthalmology: macular degeneration, diabetes and glaucoma

11:40 am - 12:40 pm - Ophthalmology

Dry Eye

The role of age, hormone levels and environmental factors in producing dry eyes; Differentiating and understanding triggers of dry eye disease; The ocular role in photophobia and migraine; Overview of treatment options

12:40 pm

Session Adjourns



Sunday, April 26, 2026

7:00 am

Arrival

7:30 am - 8:30 am - Ophthalmology

Macular Degeneration and Glaucoma Management

A significant number of treatment options are now available, an overview of your patient's options

8:30 am - 9:30 am - Ophthalmology

Ophthalmic Manifestations of Systemic Diseases

In this talk we will explore the variety of ways that examination of the eye can impact the diagnosis, treatment and clinical decision making for patients seen on a daily basis in primary care offices. We will discuss vascular, hematologic, respiratory and autoimmune conditions with attention to the ways in which a patients' care can be positively influenced by taking into account the information available from visual system analysis and monitoring.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Evaluate and manage common musculoskeletal problems and pain in the elderly
- Describe risks and benefits of traditional pharmacologic agents for treating arthritis
- Describe assessment and management of pain in the older adult
- Assess and manage gait disorders to prevent falls
- Utilize current evidence to design treatment strategies for osteoarthritis
- Describe the differential diagnoses of inflammatory arthritis based on clinical presentation and laboratory workup
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Diagnose and treat gout and pseudogout
- Discuss a comprehensive approach to eye and vision management in the aging patient
- Discuss a comprehensive approach to the patient with dry eyes and a red eye seen in primary care
- Review the pros and cons of glaucoma management options
- Describe ways that eye examination can impact diagnosis, treatment and clinical decision making



Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.