



**INTERNAL MEDICINE FOR PRIMARY CARE:  
GASTROENTEROLOGY/PAIN/PSYCHIATRY/TBD**

**Walt Disney World® Resort, FL - Disney's Grand Floridian Resort & Spa  
April 9 - 12, 2026**



Thursday, April 9, 2026

7:00 am

**Check-In**

7:30 am - 8:30 am - **Psychiatry**

**The Complexity of Adult ADHD**

ADHD in adults with an emphasis on symptom identification; Co-occurring conditions; Psychiatric and medical differential diagnosis; evidence-based and FDA approved pharmacological treatments

8:30 am - 9:30 am - **Psychiatry**

**Bipolar Spectrum Disorders**

Bipolar spectrum disorders in adults as compared to youth; Comprehensive history-taking; Differential diagnosis; Co-occurring psychiatric and medical conditions; Phase specific treatment considerations and interventions

9:30 am - 9:40 am

**Coffee Break**

9:40 am - 10:40 am - **Psychiatry**

**Depressive Disorders**

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

10:40 am - 11:40 am - **Gastroenterology**

**Management of Lower GI Bleeding- From Occult to Massive**

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

11:40 am - 12:40 pm - **Gastroenterology**

**Colorectal Cancer Screening and Surveillance**

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

12:40 pm

**Session Adjourns**



**Friday, April 10, 2026**

**7:00 am**

**Arrival**

**7:30 am - 8:30 am - Gastroenterology**

**Understanding and Treating Chronic Diarrhea**

Guidelines on the diagnosis and management of acute diarrhea as well as the evaluation of persistent and chronic diarrhea

**8:30 am - 9:30 am - Gastroenterology**

**Hepatitis B and C Management**

HBV screening: whom to screen, whom to vaccinate; management of patients with decompensated hepatitis B related liver disease; treatment in special populations

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Psychiatry**

**Substance Use Disorders**

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

**10:40 am - 11:40 am - Pain**

**Chronic Pain Management for Primary Care**

Treatment of common chronic pain conditions including chronic low back pain and neuropathic pain

**11:40 am - 12:40 pm - Pain**

**Non-Opioid Pharmacologic Options in Pain Management**

NSAID's; Acetaminophen; Topicals; Injections; Antidepressants; Anticonvulsants; Medical marijuana

**12:40 pm**

**Session Adjourns**



**Saturday, April 11, 2026**

**7:00 am**

**Arrival**

**7:30 am - 8:30 am - Pain**

**Opioid Pharmacologic Options in Pain Management**

Overall safety and efficacy; Selecting and monitoring patients; Pain contracts; Regulatory issues; Urine drug testing

**8:30 am - 9:30 am - Pain**

**The Interface of Pain and Addiction**

The disease model of addiction; Strategies for managing patients with both chronic pain and addiction

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am -**

**10:40 am - 11:40 am -**

**11:40 am**

**Session Adjourns**



**Sunday, April 12, 2026**

**7:00 am**

**Arrival**

**7:30 am - 8:30 am -**

**8:30 am - 9:30 am -**

**9:30 am**

**Conference Adjourns**



### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Describe strategies for identifying and treating substance use disorders
- List current treatment recommendations for the management of lower GI bleeding
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Identify common causes of chronic diarrhea
- List current treatment recommendations for HBV and HCV
- Identify strategies to overcome the challenges of treating chronic pain
- Design non-opioid pain management strategies
- Design opioid pain management strategies
- Identify strategies for managing patients with both chronic pain and addiction
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### **Disclosure of Relevant Financial Relationships**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

### **Physician Associates Credit Designation**

#### **American Academy of Physician Associates (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.