



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ADDICTION/CARDIOLOGY/EMERGENCY
MEDICINE/INFECTIOUS DISEASES**

**Grand Cayman, Cayman Islands - Grand Cayman Marriott Resort
December 4 - 7, 2025**

Thursday, December 4, 2025

7:00 am

Check-In

7:30 am - 8:30 am - Cardiology

Primary & Secondary Prevention of CAD

AHA/ACC and other lipid guidelines updates; HDL Cholesterol: The good cholesterol?; The role of triglycerides in ASCVD--who to treat; Metabolic syndrome and/or obesity; Who needs treatment and how much; The role of lifestyle changes, exercise and cardiac rehabilitation; The use of vitamin D and supplements for cardiology patients; Drug therapy updates

8:30 am - 9:30 am - Cardiology

Work-up of Patients with Suspected CAD

Risk factor evaluation and risk assessment models; Test selection including ECG, echo, nuclear and newer imaging modalities (including discussion of appropriate use criteria--AUC); The usefulness of CT scanning; The role of bio markers and EBCT; Suspected CAD in special populations (women, diabetics, the elderly)

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Heart Failure

Etiologies and stages of heart failure; ACC/AHA Heart Failure guidelines; Heart failure with reduced EF (LVrEF) and heart failure with preserved EF (HFpEF); Determining patients for referral using biomarkers; Treatment options: ACE inhibitors, ARBs, beta blockers, mineralocorticoid receptor antagonists; The role of devices in treatment and Anticoagulation and antiplatelet drugs; Issues related to the hospitalized patient with acute decompensated heart failure

10:40 am - 11:40 am - Emergency Med

Approach to the Patient Who Becomes Unstable in the Office

Some patients come to the clinic and become unstable. What needs to be done prior to arrival of the ambulance. This course discusses the evaluation and treatment of unstable patient, initial resuscitation and transfer process.

11:40 am - 12:40 pm - Emergency Med

Common Office-Based Emergencies

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

12:40 pm

Session Adjourns

Friday, December 5, 2025

7:00 am

Arrival

7:30 am - 8:30 am - Emergency Med
Uncommon Office-Based Emergencies

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

8:30 am - 9:30 am - Emergency Med
Psychiatric Emergencies in Primary Care

Most patients with a mental illness come to the office for evaluation and treatment of their complaint. This presentation will review those common psychiatric conditions including depression, anxiety, and substance use disorder. Suicide risk assessment is essential to this evaluation process.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology
Hypertension

The latest 2017 Multisociety Hypertension Guidelines; Updates after the guidelines; Approaches to treatment-thresholds and goals; Choices for initial and combination therapy; Resistant hypertension; Treating special populations: diabetics, the elderly, patients with renal failure

10:40 am - 11:40 am - Infectious Diseases
Respiratory Tract Infections

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

11:40 am - 12:40 pm - Infectious Diseases
Gastrointestinal Infections & Clostridioides Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridioides difficile colitis and related updates from the ID and infection control literature

12:40 pm

Session Adjourns

Saturday, December 6, 2025

7:00 am

Arrival

7:30 am - 8:30 am - Infectious Diseases

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

8:30 am - 9:30 am - Infectious Diseases

Emerging Infectious Diseases

Novel influenza viruses, resurgence of vaccine-preventable diseases, zoonoses and disease related to animal exposures (including vectors such as mosquitoes that bear west Nile virus and dengue), bioterrorism and food/waterborne illness

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Addiction

Substance Use Disorders: Diagnosis and Screening for Primary Care Practitioners

Essential information and skills necessary for identifying substance use and addiction in the primary care setting; Epidemiology, assessment and screening tools; Practical steps for intervention

10:40 am - 11:40 am - Addiction

Drugs: Review of Addictive Drugs and Their Effects

This module will review hallucinogens, stimulants, inhalants, sedatives, tobacco and alcohol

11:40 am

Session Adjourns



Sunday, December 7, 2025

7:00 am

Arrival

7:30 am - 8:30 am - Addiction

The Opioid Crisis and Primary Care Providers

Update on the opioid crisis; Risk for opioid misuse and addiction; FDA approved medication for treating overdose; FDA approved medication-assisted treatment (MAT) for managing opioid addiction

8:30 am - 9:30 am - Addiction

Treatment of Alcohol Use Disorder in Primary Care

The scope of alcohol related problems and the societal burden of Alcohol Use Disorder; Overview of FDA-approved and more common off-label pharmacotherapies for Alcohol Use Disorder

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Implement lifestyle changes as well as lipid and cholesterol guidelines for the prevention of CAD
- Describe the work-up, risk assessment and test selection of patients with suspected CAD
- Implement treatment strategies reflective of recent guidelines and current evidence based medicine for heart failure
- Explain current concepts in the diagnosis and treatment of hypertension
- Evaluate a patient who becomes unstable in the office and prepare for transport via ambulance
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns
- Discuss the importance of suicide risk assessment in patients presenting with psychiatric emergencies
- List common causative pathogens for various respiratory tract infections
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Discuss emerging infectious diseases including resurgence of vaccine-preventable diseases, zoonoses, and diseases related to animal exposures
- Describe strategies for identifying and treating substance use disorders
- Review the effects of addictive drugs including hallucinogens, stimulants, inhalants, sedatives, tobacco and alcohol
- Identify therapies, including nonpharmacological pain treatment strategies, that can reduce the dose of opioids to control pain
- Develop a treatment plan for Alcohol Use Disorder

Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Addiction/Cardio/Emergency/ID and deemed it acceptable for up to 16.00 Live AAFP Prescribed credit(s). Term of approval is from 12/4/2025 to 12/7/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 8 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-25-226-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.